



EMERGENCY SUPPLIES BOX



- Toilet paper
- A radio
- Matches
- Floor cleaner
- Face masks
- Wet wipes
- Dish soap
- Dust masks
- Deet
- Emergency poncho
- Laundry detergent
- Can opener
- A bar of soap
- Vitamins
- Phone charger
- Flashlight
- Trash bags
- First aid kit
- Gallon size ziplocs
- Bleach

- Dry milk _____
- Dried fruit _____
- Cornmeal _____
- Cooking Oil _____
- Lemon juice _____
- Popcorn _____
- Red lentils _____
- Peanut butter _____
- Salt _____
- Canned tomatoes _____
- Gatorade _____
- Sugar _____
- Tuna _____
- Mayo _____
- Shelf-stable yogurt _____
- Chicken bouillon cubes _____
- Chickpeas _____
- Spaghetti _____
- Spaghetti Sauce _____
- Honey _____
- Peanuts _____
- Flour _____
- Rice _____
- Pinto beans _____
- Canned soup _____
- Basic spices _____
- Plantain chips _____
- Hard candy _____
- Sunflower seeds _____
- Salsa _____
- Applesauce _____
- Oatmeal _____
- Yeast _____

In the shadow of your wings I will take refuge, till the storms of destruction pass by. Ps. 57:1